

Twilight Yoga and Meditation

Beach Yoga

Dates: Every Sunday in August

Starting Sunday, August 6th

Time: 8:00 pm

Place: On the Beach in front
of the Cape May Convention Center

Cape May Convention Center:

714 Beach Avenue

Cape May, NJ 08204

Flow & Glow in the Mystical energy
of the ocean's high tide.

Only \$5 Drop in Session

What to bring:

Beach Towel or Blanket



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