

Chakra Meditation

Crystal Bowl Sound Bath

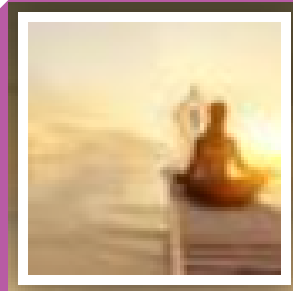
Date: The Last Sunday of the Month
(4/30, 5/28, 6/25, 7/30, 8/27, 9/24, 10/29)

Time: 2:00 pm-4:00 pm

Place: Ferry Park

Cape May Ferry Terminal
2nd Floor Gallery
1200 Lincoln Blvd,
North Cape May, NJ

Suggested Donation: \$30



A guided Chakra Meditation Sound Bath utilizing sacred chakra Crystal Bowls.

Experience the deep healing vibrations of each of the chakras resonating with the sacredly tuned corresponding Crystal Bowl. An absolutely amazing and soulful journey within the Chakra System.

Pre-registration required due to intentional limited space. Contact Karen to register *contact info below*

What to bring:

yoga mat, blanket, bandana or eye cover.

No perfume please



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