

Feel the Sweet Breeze
of Peace of Mind

YOGA ON THE BEACH

CAPE MAY CITY (Behind Convention Center)

- YOGA Friday, Saturday, Sunday & Monday 8:00AM
- TAI CHI Tuesday & Thursday 8:00AM ONLY \$5

CAPE MAY POINT STATE PARK (Lighthouse Beach)

- YOGA Tuesday & Thursday 9:30AM
(Rain or Shine) ONLY \$10

YOGA ON THE GREEN

FERRY PARK (Cape May Ferry Terminal)

- YOGA Tuesday 6:00 PM & Sunday 9:30AM
- TAI CHI Thursday 1:00 PM
(Rain or Shine) ONLY \$10

The Gypsy Yogini

Karen Manette Bosna

@beachyogacapemay
www.yogacapemay.com

