



YOGA CAPE MAY

SOUND HEALING MEDITATION

April 7, 2019 1:00 pm

St. Babs

321 N. Delsea Drive (Route 47)

Cape May Court House, NJ

Contact: Karen Manette Bosna
(609) 827-8886

Kbosna28@yahoo.com

www.yogacapemay.com

**\$20.00 Pre-Registration and Pre-Pay
Required.**

Sound Healing is an ancient tradition that uses vibrational sound to quiet the mind, relax the body and reduce stress. Vibrational sound creates a deep sense of peace, wellbeing, and improved health.

Denise Anthony, Certified Sound Healer
