

# Yoga & Kukuwa

## Dance Fusion Playshop



**Unite Yoga & Dance and explore the free flow form of breath driven movement. Wake up your inner rhythm and let your creative energy flow through you. Pump fun through your veins and be moved by Carribean and African rhythms.**

***Let your Yoga dance!***

**Starting October 24, 2015,  
6:00-7:30 pm • Saturday**  
Continues on the 4th Sat. of every month

**Cost: \$20**

**St. Barnabas by the Bay**  
13 West Bates Avenue  
Villas, NJ



**Facilitated by  
Karen Manette Bosna  
609.827.8886**

Karen is a certified Yoga instructor who has been teaching in Cape May County for the past 20 years. She is grateful and honored for the opportunity to share her joy of yoga to her local community in a variety of ways. Visit her website to learn more about the upcoming events and classes.

**Y O G A C A P E M A Y . C O M**